# Christmas Games and Activities: Holly, Jolly Fun

## Santa's Village Skating Rink

**Object of the Activity:**

- For students to skate and move around the gym/room using laminated paper plates as skates or sliders

**Grade Levels:**

- ✓ K – 5th

**Group Size:** Medium

- ✓ 20 – 60 (or more)

**Location:**

- ✓ Indoor

**SHAPE Standards:**

Standards 1, 2, 3 & 4 (2024)

**PE Skills/Fitness:**

Locomotor movement, manipulative skills, speed, and agility

## Preparation

**Game Set Up:**

- ✓ Place 4 cones around the perimeter of a playing area with room for students to skate around the outside
- ✓ If possible, set the mood by turning out the gym lights and using low lighting or disco balls to add excitement and bring a real roller rink feel

**Equipment:**

- ✓ 2 laminated paper plates per student
- ✓ Christmas Music
- ✓ Optional- secondary lighting (i.e. lamps, disco balls, string lights, etc.)

## Description of Activity

**Directions & Rules:**

The students go around the perimeter of the gym, sliding on their paper plate skates and perform the following teacher-directed actions:

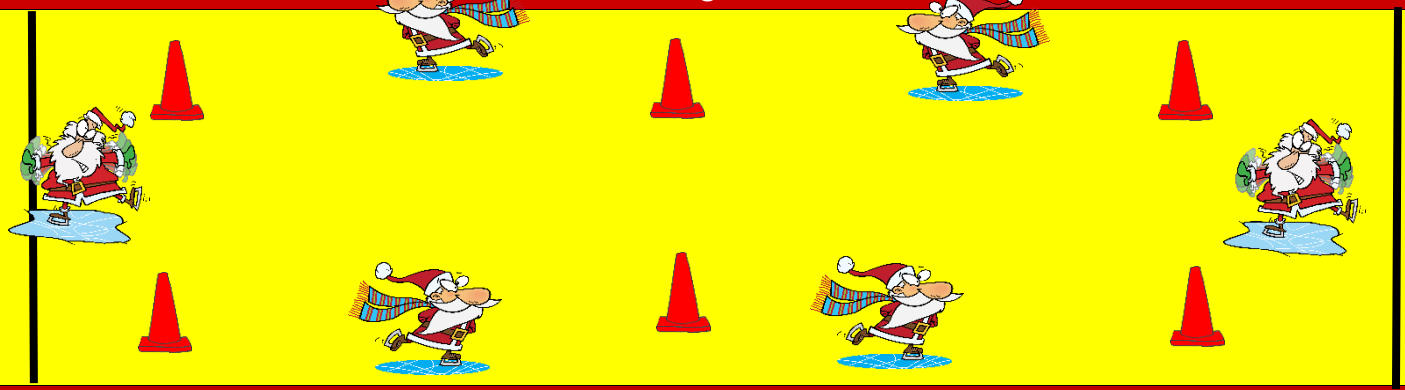
1. Skate Forward
2. Skate Backward
3. Skate Sideways
4. Snowboard Push (1 plate on ground, one in their hand)
5. Cross country Ski Style- with or without ski poles (could use noodles as poles)
6. On Hands- pushing with feet- they must look up however
7. Partner or trio skate holding hands- Kindergarten and 1st grade

Play Christmas music and switch actions after or during each Christmas song. Stop in the middle of the lesson and do a class line/group dance such as the "Cha Cha Slide" or the "Chicken Dance" as they might do at a typical Roller Rink

**Modifications:**

- Change the skating movement often (every 1-3 min.)
- Play "Wipeout" – students get down on their stomachs when the music stops, skate again when it starts
- Teach them the "Moonwalk" on skates

## Diagram



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